



Republic of the Philippines
Department of Education
REGION X
DIVISION OF CAGAYAN DE ORO CITY



Office of the Schools Division Superintendent

09 July 2024

DIVISION MEMORANDUM
No. 483 s. 2024

2024 NUTRITION MONTH CELEBRATION

TO: Assistant Schools Division Superintendent
SGOD & CID Chief
Education Program Supervisors
Public Schools District Supervisors
Public Elementary and Secondary Schools Head
School Health and Nutrition Personnel
All Others Concerned
This Division

1. In line with this year's Nutrition Month Celebration with the theme, **"Sa PPAN: Sama-Sama sa Nutrisyong Sapat Para sa Lahat!"**, all offices and schools are enjoined to participate and support the nationwide annual campaign by planning and undertaking activities relevant to the theme from July to August 2024.
2. Copy of suggested activities to be conducted by all schools and Division Office is hereby attached.
3. The celebration aims to increase awareness, generate participation and commitment for increased support for the Philippine Plan of Action for Nutrition (PPAN) among stakeholders from government, local government units, non-government organizations, business, civil society and communities; and to advocate for full adoption of the PPAN in local nutrition action plans.
4. Collaterals related to the celebration may be accessed through:
<https://bit.ly/2024NMCollaterals>.
5. Schools shall submit the narrative report with pictures on the highlights of the celebration to School Health and Nutrition Section on or before August 19, 2024.
6. For information and strict compliance.

ROY ANGELO E. GAZO
Schools Division Superintendent

Encl: As stated
Ref: As stated
To be indicated in the Perpetual Index
under the following Subjects:

Health Education

School-Based Feeding Program

JAA/DM-2024 Nutrition Month



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2024 NUTRITION MONTH PLAN OF ACTIVITIES

“Sa PPAN: Sama-Sama sa Nutrisyong Sapat Para sa Lahat!”

Activity	Description / Objective	Target Audience	Target Number of Participants	Target Date
1. Advocacy Campaign or Information Dissemination	• Hanging of streamers or tarpaulins in strategic areas in schools or offices • Posting of Nutrition Month information in social media accounts (ex. In SBFP Facebook account) • Distribution of leaflets	School Head Teaching & Non-Teaching Personnel Health Personnel Parents Learners Community	All Learners	July 2024
2. Nutri-Talk	• It aims to raise awareness about nutrition and importance of living a healthy lifestyle. • Invitation of School Nurse, City Nutrition Officer or personnel from Health Center to serve as guest speaker.	School Head Teaching & Non-Teaching Personnel Parents Learners Community	All Learners	July – August 2024 • Flag Raising • General Assemblies
3. Nutri-Quiz Bee or Nutri Trivia	• The quiz aims to educate students on basic nutrition facts and healthy eating habits. • It contains questions divided into easy, average and difficult rounds.	School Head Teachers Learners Parents Guests/Judges	One (1) representative from each class or grade levels	July 29 – August 9, 2024
4. Poster Making Contest	• It aims to bring together young artists to showcase their vibrant artwork and drawings that explore this year's nutrition theme.	School Head Teachers Learners Parents Guests/Judges	One (1) representative from Grades 4-6 for Elementary Level and Grades 8-10 for Secondary Level	August 5-9, 2024
5. Nutri Cooking Contest or Nutri-CookFest	• It gives opportunity for students to showcase their creativeness and talents in cooking nutritious food.	School Head Teachers Learners Parents Guests/Judges	One (1) group representative from each class or all higher grade levels	August 12-16, 2024

The School Governance and Operations Division through the School Health & Nutrition Section under School-Based Feeding Program (SBFP) will also conduct the **“Nutrition Day”** on July 15, 2024 to celebrate Nutrition Month at the Division Office.



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